



Nut & Egg Awareness

St Anthony's Catholic Primary School is adopting strict policy in relation to foods that may cause an anaphylactic reaction in a student due to the consumption of nut and/or egg products. This can often happen inadvertently.

Nuts and nut products are to be **totally avoided** in all classes (including the staffroom) and at all school functions. This is directly related to keeping us all safe and a child (children) safe from the possibility of a life-threatening allergic reaction. We ask for your help in ensuring that all of our students are safe in the school environment by being very aware of what is contained in all food brought into the school.

We are adopting a Nut Aware Policy throughout the entire school in order to protect those at risk. This policy will extend to all school related activities. We are also an Egg Aware School. You will be notified if your child is in a class where there needs to be even greater egg awareness.

Parents and children need to be mindful of any products containing nuts when preparing lunches or snacks. Parents of children who, historically, have suffered any anaphylactic reaction to any foods or insect bites, need to provide the school with an up-to-date medical action plan, signed by their treating doctor.

Do not send to school:

- any fresh nut products
- any spread containing nuts (all nuts, eg: peanut butter, nutella)
- any muesli bar, biscuit or other product THAT LISTS NUTS AS AN INGREDIENT
- packages of mixed fruit (eg: trail mix) that contain nuts as well
- recycled containers that may have contained nuts or eggs eg: Cereal, peanut butter jars, biscuits, egg cartons

If your child has eaten nuts before coming to school, please be sure that your child's hands and face have been thoroughly washed before entering the premises. Traces of nuts can be found on bathroom taps, computer mouse, climbing equipment, bins etc.

Students are NOT to swap food at any time.

Parents are no longer able to provide food for other children at any time or under any circumstance. This does include birthday cakes. While we understand that this is disappointing, it is being adopted due to the need to keep our children safe, happy and healthy

All of this information applies across the community: Staff, Students, Parents and Visitors whilst in the school or at any school related function.